What are the system requirements for using Flash-based exercises?

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- Adobe Flash Player (latest version)
- Best viewed in 1024x768 screen resolution or higher.
- Internet Explorer 8.0 or later for Microsoft® Windows® XP (32 bit), Windows Server 2008 (32 bit), Windows Vista® (32 bit), Windows 7 (32 bit and 64 bit), Windows 8 (32 bit and 64 bit), or Windows Server 2012 (64 bit)
- IE 10 for the Desktop for Windows 8; not supported on Windows 8 Metro version
- Firefox (latest version)
- Google Chrome (latest version)
- Opera (latest version)
- Safari (latest version)
- For other browsers and operating systems, check the list of system requirements on the Adobe Web site.