Learn about the commands used to manage UnityUK subscriptions. You may leave the list at any time by sending a "SIGNOFF UNITYUK-L" command to listserv@occlists.org. You can also tell LISTSERV how you want it to confirm the receipt of messages you send to the list. If you do not trust the system, send a "SET UNITYUK-L REPRO" command and LISTSERV will send you a copy of your own messages, so that you can see that the message was distributed and did not get damaged on the way. After a while you may find that this is getting annoying, especially if your mail program does not tell you that the message is from you when it informs you that new mail has arrived from UNITYUK-L. If you send a "SET UNITYUK-L ACK NOREPRO" command, LISTSERV will mail you a short acknowledgement instead, which will look different in your mailbox directory. With most mail programs you will know immediately that this is an acknowledgement you can read later. Finally, you can turn off acknowledgements completely with "SET UNITYUK-L NOACK NOREPRO".

Following instructions from the list owner, your subscription options have been set to "REPRO SUBJECTHDR MIME" rather than the usual LISTSERV defaults. For more information about subscription options, send a "QUERY UNITYUK-L" command to listserv@occlists.org.

Contributions sent to this list are automatically archived. You can get a list of the available archive files by sending an "INDEX UNITYUK-L" command to listserv@occlists.org. You can then order these files with a "GET UNITYUK-L LOGxxxx" command, or using LISTSERV's database search facilities. Send an "INFO DATABASE" command for more information on the latter.

This list is available in digest form. If you wish to receive the digested version of the postings, just issue a SET UNITYUK-L DIGEST command.

IMPORTANT: This list is confidential. You should not publicly mention its existence, or forward copies of information you have obtained from it to third parties. Please note that the "GIVE" command is automatically disabled for all archive files.

More information on LISTSERV commands can be found in the LISTSERV reference card, which you can retrieve by sending an "INFO REFCARD" command to listserv@occlists.org.